

MTSS-Behavior Essentials

Today's Agenda

Time	Session		
12:00 PM - 1:00 PM ET	Session #1: Getting Out of Emergency Mode: How to Build a Proactive Behavior Support System		
1:00 PM - 1:15 PM ET	Break		
1:15 PM - 2:15 PM ET	Session #2: PBIS Power-Up: Hacks for Decreasing Challenging Behaviors and Increasing Graduation Rates		
2:15 PM - 2:30 PM ET	Sneak Peek: Streamline Your MTSS Meetings A Branching Minds MTSS Platform Preview Session		
2:30 PM - 2:45 PM ET	Break		
2:45 PM - 3:30 PM ET	Session #3: Universal Screening for Social, Emotional, and Behavioral Challenges: Answering the Tough Questions		



Scan me for sessions & Zoom links! bit.ly/2024-mini-summit-zoom-links







- Please share your job title, location, and district in the chat box!
- This is a webinar format your camera and mic are off.
- Please interact using chat and Q&A.
- The webinar recording, slides, and resources will be shared with you via email following the webinar.







MAKE YOUR MTSS VISION A REALITY

Give your team all the insights and guidance they need to collaboratively achieve best practices so that your students, staff, and schools succeed.





Before we begin...

Stay connected with BRM!



Our Resources Digest: bit.ly/BRMsignup



Our Podcast Schoolin' Around: bit.ly/BRM-podcast

Use the hashtag <mark>#MTSSsummit</mark> & give us a follow on:



@BranchingMinds







Getting Past Emergency Mode: How to Build a Proactive Behavior Support System

Mini-Summit: Session #1



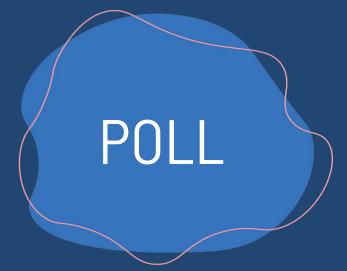
Allison Kinoian Board Certified Behavior Analyst Rhode Island

Meet Your Presenters



Trudy Bender Sr. Manager of Thought Leadership Content Branching Minds





What is your current role?





→ Brief intro to MTSS-B

- → 5 keys for building a proactive behavior support system
- → Setting priorities



Kick-Off POLL

How would you describe the current approach to behavior in your school?



POLL: How would you describe the current approach to behavior in your school?









What is not working, and why?

- Overwhelmed with the number and intensity of behavior needs
- Higher turnover* = Fewer and newer staff
- Inadequate resources and expertise

<u>*Teacher turnover hits new highs across the U.S.</u> By Matt Barnum | March 6, 2023, 4:00am CST



What is not working, and why?

- Focusing on stopping the behavior
- Consequences
- Punitive actions often occur more frequently than reinforcement
- Not knowing the hidden message

The landlord kicked us out of our home and we don't have a WHEN OUR place to stay. **STUDENTS ARE** "OUT OF CONTROL" I don't understand this material. I'm worried people will think I'm dumb. "DEFIANT" "DISRESPECTFUL" The cops arrested my dad last night. "OPPOSITIONAL" "DISRUPTIVE" I didn't get any sleep; my parents were fighting. WHAT THEY I'm living with a foster family. I don't know when I'll see my mom again. **REALLY MIGHT BE** COMMUNICATING TO US IS We don't have much food at home. I'm really tired and hungry.



Wait...don't students need consequences?

Consequences are often appropriate and necessary, but they are not sufficient to repair relationships or prevent a recurrence.

In fact, punishment is the weakest tool in our toolbelt for change!

- **Consequence** A punishment, restriction, or sanction (naturally related to the offense if possible)
- Intervention A proactive plan with strategies, instruction, and motivation to encourage positive behavior
- Connection The opportunity to build/restore relationships, connection to school, ownership



How would you respond?

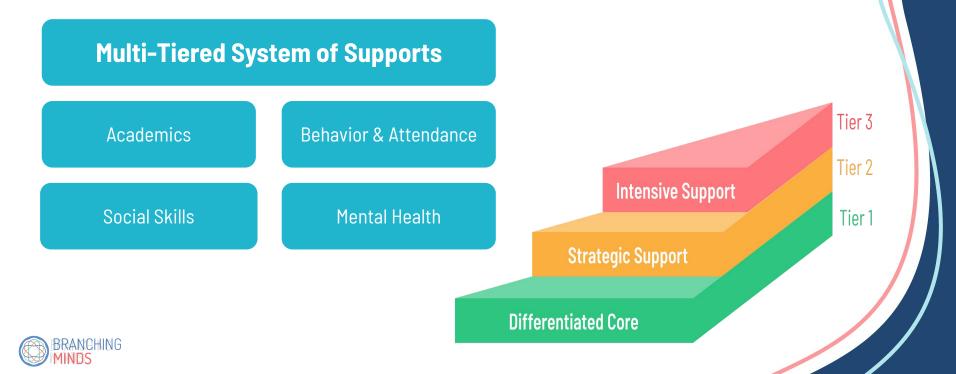
You find a student outside of class during 3rd period. The student is seated in the hallway and using their cell phone. This student does not have a pass and the school just adopted a "no cell phones" policy.

What would you do?



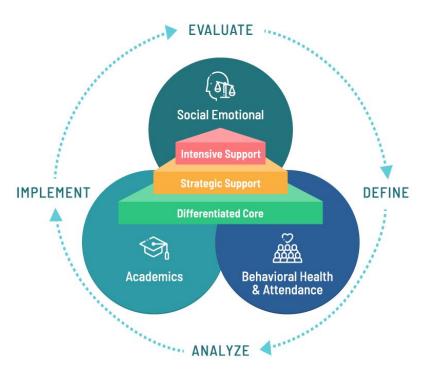


A Multi-Tiered System of Supports is an evidence-based framework that creates an *aligned*, *proactive system* for supporting students' needs.



The MTSS framework, when applied to behavior, is called MTSS-B, "Positive Behavior Interventions and Supports" or PBIS

- Structure and clear expectations
- Positive school climate
- A continuum of behavior interventions
- Data-driven decision making



What are the basic necessities for a proactive behavior support system?

United approach

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- **Positive climate** and relationships
- ✓ Understanding the function of behavior
- Intervention options
- Problem-solving mindset



UNITED APPROACH

"Student outcomes don't change until adult behaviors change."

A.J. Crabill Texas Education Agency Deputy Commissioner for Governance





UNITED APPROACH

Behavior intervention is what the ADULTS do in a proactive way to change the environment and encourage positive behavior.



What is under YOUR control as a staff?

- Structure, routines, and procedures
- Clearly taught expectations
- How you interact
- Intentional reinforcement and consequences
- Data collection and analysis



Proactive schools have agreed-upon structures and expectations for school-wide policies, common areas, and activities

Activity/Policy _{Goal:}					
Student Expectations	Staff Expectations				
•	•				
•	•				
•	•				
Encouragement Procedures:					
Consequences:	[
Data Collection:					
Lesson Plan Link					

BRANCHING

POSITIVE CLIMATE AND RELATIONSHIPS

"What works best is anything that increases the **QUALITY** and number of **RELATIONSHIPS** in a child's life. People, not programs, change people."

- Dr. Bruce Perry



What percentage of your students would agree with this statement?



I can name at least one adult at this school who knows me well.

Question is from the Safe & Civil Schools: Climate and Safety Surveys, Ancora Publishing



By high school, 40 to 60% of all students are chronically disengaged from school.

Klem and Connell (2004)



What can turn the tide?



Positive Interactions



At a ratio of *at least* 3:1 positive to negative interactions, the learning environment feels safe, positive, and supportive



The goal is NOT to eliminate corrections!

You **will** need to provide corrective feedback. But the balance between attention to positive and negative is critical to climate and relationships.

Nothing else in our intervention toolbox will work well if adults give tons of attention to negative behavior and little to good behavior.



Creating a Positive Learning Environment: Wiley Opportunity Center (DAEP)







Increase engagement and decrease behavior incidents with one simple change:

A new study finds Fbenefits to welcoming dents into your classroom.



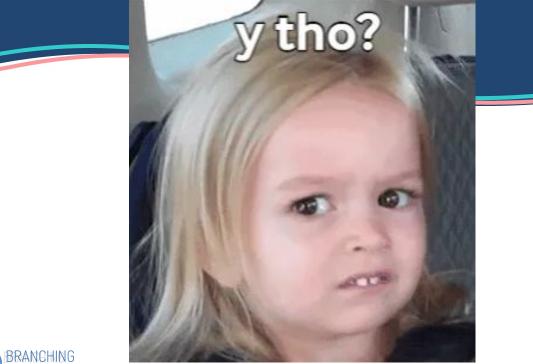
UNDERSTANDING FUNCTION OF BEHAVIOR

A student's behavior usually says more about what they're going through than what they're trying to put you through.

www.davidgeurin.com @DavidGeurin | #FutureDriven



The 4 functions of behavior (SEAT)



Sensory Escape Attention Tangible



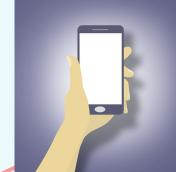
FUNCTION:		HAPPENS WHEN:	EXAMPLES:		WHAT ARE THEY TRYING TO SAY?
Sensory	FEELS GOOD MAN	*Could happen at any time *When overly excited, anxious, or bored	*Repetitive behaviors *Loud noises *Chewing on items	*knee tapping *using a fidget *having access to a drink	"This feels good"
Escape	I KEEP PRESSING ESCAPE BUT FM STILL HEREPOD	*Told to do something they don't want to do *want to avoid a task, person, location, or something in the environment	*walking around the room *ripping up their work *ignoring directions	*completing tasks on time to avoid homework *asking for a break	"I don't want to do something"
Attention	CLEY CLEY CATUEXTION TO ME	*Person is bored *Attention is directed to someone else *They want praise	*calling out *running around *talking during class	 *raising their hand to answer questions *following classroom expectations 	"Pay attention to me"
Tangible		 *Told they can't have something *Access to an item has been removed * they want to earn something 	*yelling/swearing *demanding access to item *attempting to get something they've been told they can't have	* sitting quietly during circle time to earn dojo points *helping a peer to get a prize	"I want something"

How do we understand this behavior

When we think back to the scenario with the student on the phone in the hallway. If we change our lens and try to understand the behavior let's think of what the function could be?

What is the function?





INTERVENTION OPTIONS

Intervene based on function, NOT behavior





A Continuum of Interventions

In a Multi-Tiered System of Support (MTSS), the goal is to ensure that every learner gets the instruction and support needed to be successful.

- → Supports are organized into "tiers," from the simplest to the most intensive intervention.
- → At each tier, if a student is not making sufficient progress with research-based interventions, the level or type of support is adjusted to meet the student's needs.



A core principle of MTSS is to implement the simplest supports that will work while coordinating efforts to meet the needs of ALL students.

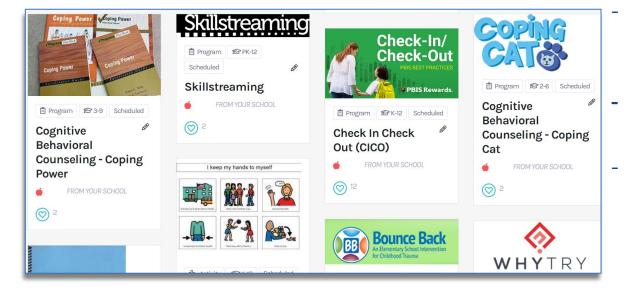
TIER 1: Universal, differentiated behavior supports for all students

TIER 2: Strategic behavior programs for students needing extra support and skill development

TIER 3: Individualized behavior plans, wrap-around services



Intervention Options



- Make intervention options clear, provide training and coaching
- Tie interventions to FUNCTION, not behaviors!
- BRM Resource Library can be set up to make available only interventions in your campus or district standard treatment protocol



Getting ahead of behavior challenges



- Started the day with positive access to a person they connected with
- Time for instruction, practice, reminders
- Very successful can grow into wider leadership club, service, meaningful work





The Miraculous 2 X 10 Behavior Intervention



The 2×10 intervention is simple:

Spend 2 minutes per day for 10 days in a row talking with an at-risk student about anything she or he wants to talk about.

A full 2-minute conversation might not be possible at first. **Don't give up.** Try for one short, non-work-related, positive interaction a day, and build on that until you're having a full-fledged conversation on a regular basis

<u>https://truthforteachers.com/the-2x10-strategy-a-miraculo</u> <u>us-solution-for-behavior-issues/</u>

EXAMPLE Behavior Intervention Plan

BRANCHING MINDS

	Demo Student: Administration Building Demo27 1st Grade
* 12	Background Goals & Progress Monitors + Interventions & Accommoda
	Interventions & Accommodations
	Behavior Support Plan - Waco, WISD 🖾 Strategy
nîn 	Assigned to Trudy Bender Ongoing 🛱 8/02/21 - 10/25/21 DRAFT Link to Behavior Support Plan: https://docs.google.com/document/d/1Fn1bARKoB_Ua8JTog5XMIZBZa6HDuQuu5gaSQm7f0BY/edit?usp=sharing
	Check In Check Out (CICO) - Waco, WISD
	Assigned to Trudy Bender Ongoing 🛱 8/02/21 - 10/25/21 PBIS Rewards Mentor is Library Aide
	Break Card - Waco, WISD
	a Assigned to Trudy Bender ongoing 8/02/21 - 9/27/21 3 tickets per day,
_	Social Emotional Education with Research Based Curriculum - Waco, WISD
\$	a Assigned to Trudy Bender 😤 In a Group 📋 2x/week 🕓 20min 📋 8/09/21 - 9/20/21 ⊕ Pull Out (Specialist) Girls Lunch Social Skills Group

POLL Question

How does your school respond when a student is chronically late or absent?



Look again!!

What could be done differently? Instead of reacting to the problem how can we address it PROACTIVELY?

CHECK

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6:40

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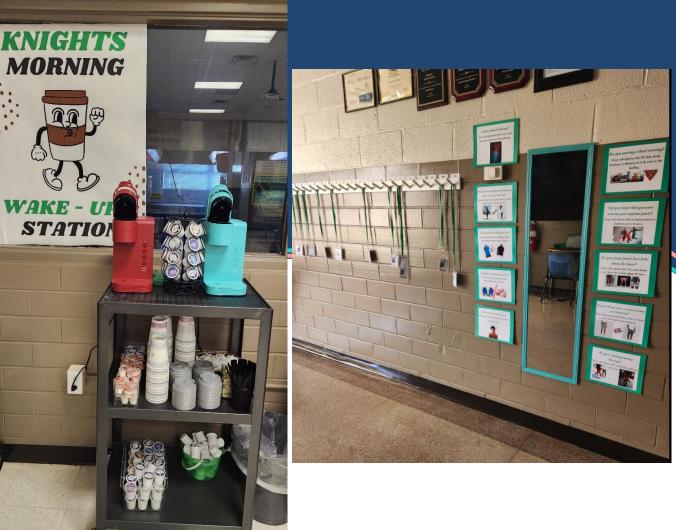
Brazos High School Credit...

Recovery Center

Our campus is known for meeting students where they are and then take them where they need to be by being creative, yet intentional. We have numerous students that work either overnight or long hours in order to.support their families. So we now have a "Knights Morning Wake Up Station" to give students a little pick me up after a work shift as they pivot to the learningenvironment. Also, to ensure every student is adhering to campus protocol, we have an "ID Daycare." Students can leave their ID hanging at the end of the day, so it'll be available at the morning check-in station the next day, if they think they'll forget. Lastly, we have a "Check Your Dress" that includes a body mirror and vivid examples of what clothing is acceptable and not acceptable for school. #MeetStudentsWhereTheyAre

#MeetStudentsWhereTheyAre #BeCreativeYetIntentional

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What would intervention look like?

- How do we address the function?
- What additional skills are needed?
- How can we provide positive reinforcement and stronger school connection?
- How can we remove the reward for breaking the policy?



PROBLEM-SOLVING MINDSET

"When solving problems, dig at the roots instead of hacking away at the leaves."

- Anthony J. D'Angelo





Proactive Problem-Solving

- Screen for behavior and social needs gets you out of reaction mode with teacher referral process, catches students much earlier, catches internalizing issues
- **Examine all kinds of data**: discipline, observation, survey, adult behavior (fidelity)
- Use the continuous improvement cycle: define, analyze, implement, evaluate



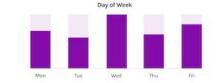
Using Visual Data



Behavior Incidents

Language





Maya Gat

Eva Dundas











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The Continuous Improvement Cycle





SETTING PRIORITIES

Data is not about adding more to your plate. Data is about making sure you have the right things on your plate.





POLL Question

What are the missing links in your school/district approach to behavior?



Where do we start??





Add a 10 minute proactive behavior data conversation to your next meeting...



BRANCHING MINDS

MTSS Meeting Agenda Template

Team Norms		Resources	
• • • • •	Start and end on time Be prepared with data and materials Stay on topic and focus on solutions Celebrate our wins Communicate with stakeholders	 Campus MTSS Handbook link Shared Drive link MTSS Platform link 	

Members in Attendance:			
Opening: Agenda was sent out in advance Meeting Roles are Set: Leader, N Started on time		porter, <mark>othe</mark>	r
Agenda:			
Goal of meeting:			
Update from previous meeting(s) and	tasks:		
Add items here			
Data Analysis and Problem-Solving: Screener and assessment data, EWI, behavior/discipline, survey			
data, observations, or other data to be reviewed.			
Add items here			
Items for discussion:			
Add items here			
Stakeholder Communication, including celebrations of success:			
🕰 🔲 Add items here			
Closing:			
Did we end on time?			
Task	Assignee		Due
Task	Assignee		Due

What location, time of day, or activity might be a high priority for your school? **Pick just one and start there**!

	Activity/Policy Goal:		
	Student Expectations	Staff Expectations	
o t it in your	•	•	
put it hack and	•	•	
Put it in your handbook and keep adding!	•	•	
keep alla s	Encouragement Procedures: •		
	Consequences: •		
	Data Collection: •		
BRANCHING	Lesson Plan Link		

Use a rubric to guide the work



PBIS.org: Tiered Fidelity Inventory

Branching Minds: <u>Self-Assessment of MTSS</u> Implementation (SAMI) Guide A Guide to Self-Assessment of MTSS Implementation

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BRANCHING MINDS B

PBIS Positive Behavioral Interventions & Support



Tier 1: Universal SWPBIS Features

NOTE: This section may be completed individually or with other tiers as part of the full Tiered Fidelity Inventory

Feature	Possible Data Sources	Scoring Criteria	
Subscale: Teams			
11 Team Composition: Tier 1 team includes a Tier 1 systems coordinator, a school administrator, a family member, and individuals able to provide (a) applied behavioral expertise, (b) coaching expertise, (c) knowledge of student academic and behavior patterns, (d) knowledge about the operations of the school across grade levels and programs, and for high schools, (e) student representation.	School organizational chart Tier 1 team meeting minutes	 0 = Tier 1 team does not exist or does not include coordinator, school administrator, or individuals with applied behavioral expertise 1 = Tier 1 team exists, but does not include all identified roles or attendance of these members is below 80% 2 = Tier 1 team exists with coordinator, administrator, and all identified roles represented, AND attendance of all roles is at or above 80% 	
1.2 Team Operating Procedures: Tier 1 team meets at least monthly and has (a) regular meeting format/agenda, (b) minutes, (c) defined meeting roles, and (d) a current action plan.	 Tier 1 team meeting agendas and minutes Tier 1 meeting roles descriptions Tier 1 action plan 	 0 = Tier 1 team does not use regular meeting format/ agenda, minutes, defined roles, or a current action plan 1= Tier 1 team has at least 2 but not all 4 features 2 = Tier 1 team meets at least monthly and uses regular meeting format/agenda, minutes, defined roles, AND has a current action plan 	

Tiered Fidelity Inventory

- **1.1** Do you have a team and are the right people on it?
- **1.2** Does the team meet and have an action plan?
- **1.3** Do you have 3-5 positive school-wide guidelines?
- **1.4** Have you taught them to your students?

And so on ... It's all there!

Scoring Criteria: 0=Not implemented; 1=Partially implemented; 2=Fully implemented

How would you respond?

You find a student outside of class during 3rd period. The student is seated in the hallway and using their cell phone. This student does not have a pass and the school has recently adopted a "no cell phones" policy.

What would you do?





What would a proactive approach look like?

- Policy in handbook, including staff expectations, lesson plans, positive reinforcement, and clear consequences
- Structures that remove temptation and make it easy to comply:
 - Charging stations, pouches.
 - Office phones available for students who need to call home, positively regarded and encouraged
- Teacher buy-in, intentionality, and consistency



Cell Phone Policy

Goal: Students fully engaged in learning, distractions and behavior incidents decreased

Student Expectations	Staff Expectations	
• Phone is off/on silent during the day	• Teacher remains off their cell phone	
• Phone is placed in backpack and remains out of sight	• Allow access to phone in main office	
• Use cell phones only in designated areas and times	• Provide appropriate technology to compete all work tasks	
Encouragement Procedures:		

- Incentives for individuals and groups following the policy
- Increase group activities/ opportunities for students to connect
- Earned phone time

Consequences:

- Verbal warning
- Phone is collected and held in office, must be picked up by parent
- Fine

Data Collection:

- Frequency of cell phone use indicidents in classrooms and in common areas (whole group)
- Baseline data followed by intervention

<u>Lesson Plan Link</u>





Questions?



Request a demo of the Branching Minds MTSS Platform within 1 week, and receive a special gift from our team!

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- Valid for demos requested by Friday, 6/14, 5:00 PM ET.
- Applicable to prospective partners only.
- Participants must attend their demo to be eligible for gift.

bit.ly/mini-summit-demo



Schedule Check-in

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Next Up:

1:15 PM - 2:15 PM ET PBIS Power-Up: Hacks for Decreasing Challenging Behaviors and Increasing Graduation Rates

bit.ly/2024-mini-summit-zoom-links

